

Stephan Wiede



**Gentle
lymphatic drainage
with the
Diamond Shield
Zapper**

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Attention!

This book is in no way intended to replace diagnosis and therapy control by a doctor or naturopath! Even though the results with the Diamond Shield Zapper IE EMS and its electrical frequencies are impressive - even with very severe, chronic illnesses - this is not intended as a substitute for controlled medical therapy.

The names of the programs are recommendations based on extensive practical experience of frequency therapists and not concrete claims of effectiveness.

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TABLE OF CONTENTS

Foreword	7
General Information on the Applications described here	9
On the Importance of the Lymph	11
Diamond Shield Frequency Technology - a really simple Solution	13
Supporting Measures.....	14
Basic Programs of the Diamond Shield	17
Double Vibration is more effective	21
Case Report 1 – Swelling of the Bursa at the Elbow	24
Case Report 2 - Knee Arthrosis.....	26
Case Report 3 - Swelling of the Feet in venous Congestion	28
Case Report 4 - A painfully swollen Knee Joint.....	30
Case Report 5 - Complicated Scar Healing	32
Case Report 6 - Painful Shoulder.....	34
Case Report 7 - Venous Congestion.....	36
Case Report 8 - Painful Shoulder-Neck Region	38
Case Report 9 - Painful Shoulder-Neck Region	40
Case Report 10 - Swelling of the Hands in the Morning	42
Case Report 11 - Painful Ganglion of the Carpus	44
Case Report 12 - Tennis Elbow	46

Case Report 13 - Acute Hematoma with lymphatic Swelling	48
Case Report 14 - Peripheral Neuropathy	50
Case Report 15 – Swelling of the Cervical Lymph	52
Case Report 16 - Painful Complaints during Ovulation	54
Practical Summary	57
Conclusion	58
Imprint.....	59
Bibliography.....	59

FOREWORD

Dear Reader,

As I have been a colleague and friend of naturopath Mr. A.E. Baklayan for many years, I am always in the position of being able to get to know and try out his latest discoveries at an early stage.

After I had gathered quite a few experiences with the new modulated lymphatic frequency developed by him and had reported about it in the circle of colleagues, I was asked whether I would like to pass on these experiences to other interested users and patients. I am happy to comply with this request.

However, I am not actually a frequency therapist. I run a classical naturopathic practice in which mainly traditional diagnosis and therapy methods are applied. I like to work effectively with cupping, bloodletting, leeches, urinalysis, homeopathy, intestinal cleansing and other proven remedies from the wealth of experience in alternative and naturopathy. But I am also constantly on the lookout for new discoveries and add them to my "arsenal" after careful examination.

This new lymphatic frequency is definitely such a therapeutic enrichment. I am happy to contribute to making it known to a larger circle of practitioners and home users with the following case descriptions and application notes.

With best wishes for your health

Stephan Wiede

Rosenheim, 2011

Updated and revised edition. Munich, 2021

GENERAL INFORMATION ON THE APPLICATIONS DESCRIBED HERE

The new application was tested almost exclusively on patients whom I had known for some time and whose reactions were therefore familiar to me. The lymphatic frequency was used either in exchange for the previous treatment method or to complement it. This made it easy to compare the effectiveness or to assess the supportive effect.

In most cases, ointments were then applied which, in my experience, have a particularly good effect on the lymph flow in the tissue: Mostly these are the Lymphdiaral ointment by Pascoe or the Hirudoid forte cream by Stada, in the following usually called "lymph ointment" for the sake of simplicity.

The patients were also instructed to do this on the following days to support and prolong the effect of the treatment. The fact that they should always drink plenty of fluids should also be emphasised here.

The indications were somewhat broader at the beginning, but soon began to become more precise. According to previous experience, areas of application are swelling, congestion and stagnation, non-acute inflammations where the blood system is in the foreground or very hot or "dry" conditions.

Either the hand electrodes, as already known as accessories for the zapper, or adhesive electrodes, as used in ECG examinations, were used. This offers the additional possibility of "feeding" the frequencies into the meridians near certain acupuncture points.

The reason for this is as follows: several years ago, I experimented with the use of biological frequencies with the help of acupuncture meridians and was able to establish that, that the treatment can thereby experience a significant increase in effect. I imagine that the acupuncture meridians act like a supporting conduction and transport system.

I like to choose the points in such a way that the region to be treated is

located in between, i.e. the flow passes through.

Because of the increased effectiveness, special care should be taken in the selection of the points and the intensity. Some hints on this can be found in the relevant case descriptions.

In addition, tips from Baklayan's practice have been added that fit well with this form of therapy and complement it.

ON THE IMPORTANCE OF THE LYMPH

In contrast to our blood, we pay relatively little attention to the lymph. But we are reminded of it at the latest when a lymph node hurts or when lymph swells due to a drainage blockage.

Our lymph primarily fulfils transport and defence tasks. It has a watery consistency and gets its slightly yellowish colour from a large number of substances dissolved in it, such as urea, protein, minerals and enzymes. In the abdominal cavity, it is even milky-white when it carries the relatively large fat molecules after food intake.

The importance of the lymph that interests us here is mainly that of a second transport pathway in the tissues - in addition to the blood vessels that we are familiar with as arteries and veins.

Why a second transport pathway?

In our arteries, blood rich in oxygen and nutrients flows to every corner of our tissues and organs by means of the finest ramifications. After releasing these vital substances, it flows through the veins back to the lungs to be recharged with oxygen, at the same time disposing of by-products and waste products of the local metabolism along the way. The arteries and the veins merge into each other in the tissue by means of the finest ramifications, thus forming almost a closed system that carries out the exchange of substances through the vessel walls.

The target of the nutrient supply is the cell. The milieu in which the cell "bathes" is the so-called tissue water. This is where the actual metabolism takes place. To prevent this tissue water from gradually becoming slugged, its disposal must be ensured. For various reasons, the veins alone cannot do this and are therefore supported by the lymph. The lymph has built up its very own network of pathways for this disposal work, which opens out into the tissue and can therefore absorb and remove everything that the closed blood system cannot do for physical reasons. In a figurative comparison, the two principles differ like a piping system from a sponge that we use at home to pick up spills.

Now, it can happen that due to inflammation, a blunt injury or venous congestion, there is much more inflow than outflow in the tissues, so that the lymph can no longer keep up with its work. Or that its own network of pipes is damaged. Then tissue water backs up or lymph even leaks out. This in turn hinders cell metabolism and the necessary "repair work". If such stagnation persists over a long period of time, tissue damage is imminent, and the condition becomes chronic. At the very least, every treatment becomes more difficult and protracted.

Anyone who has experienced the beneficial effect of a well-done lymphatic drainage will be able to confirm the positive influence this can have on the feeling of well-being and the healing process. So, if there were an apparative possibility to support this process simply and without risk, in a self-procedure, so to speak, then this would be of great value. That is why the development of my colleague A. Baklayan immediately aroused my interest.

In the following application examples, the involvement of the lymph in many physical events and healing processes will certainly become even clearer.

DIAMOND SHIELD FREQUENCY TECHNOLOGY

- A REALLY SIMPLE SOLUTION

Diamond Shield frequency technology uses vibration as information carriers. The following example illustrates the effectiveness of this principle: a soprano singer causes a glass standing next to her to shatter through her high-pitched singing, because the sound hits the exact frequency of the glass. In the same way, frequency technology shatters or weakens germs that have taken root - e.g. in the lungs, liver, intestines or other places - by stimulating them with their natural frequency. This enables the immune system to attack or eliminate the pathogens that cause pain.

The Diamond Shield devices and vibration programs work as stimulation current devices for chronic or acute pain. The wide therapeutic range of the Diamond Shield - even if not recognised by orthodox medicine - takes into account the latest scientific findings. These demand, for example, in pain therapy not only the interruption of the stimulation conduction (TENS-1 and TENS-2 programs), but at the same time the stimulation of the body. After instruction, everyone can carry out the programs themselves.

If you would like more background information on the frequencies presented here, you will find it in the book *"Gentle Healing with Harmonic Waves"* by A. E. Baklayan. Furthermore, in the free eBook *"Gentle Therapy with Biofrequencies"* you will find references to thematically in-depth literature for individual ChipCards. If you are interested, the contact address in the imprint will be happy to provide you with information on how to obtain the brochures and books listed.

SUPPORTING MEASURES

In my opinion, there is no doubt about the effectiveness of the Diamond Shield frequency technology. Nevertheless, fatigue, tiredness, headaches or initial aggravation of a symptom may occur after application with the Diamond Shield. These are to be understood as reactions to the toxins that have been produced. Such toxins overtax the body's ability to regulate and detoxify. For the same reason, multi-allergy sufferers and extremely hyperacidic patients show stronger reactions. Practical experience clearly proves this connection.

Should unexpected consequences occur, we recommend supportive measures, which I will discuss in more detail below:

1. drastically reduce the therapy time, e.g. start with three times one minute and only slowly increase the therapy time.
2. deacidify the body more strongly.
3. drink a lot, this supports the processes set in motion, at least two litres per day, preferably reverse osmosis or PLOSE water or a similar high-resistance water.
4. stimulate all excretory pathways to remove accumulating toxins from the body.
5. pay attention to daily bowel movements, otherwise take laxative tea or enemas to stimulate them.
6. take frequent showers to stimulate elimination.
7. take moderate exercise up to the point of perspiration.
8. carry out a liver cleanse. (see also *Parasites - the Hidden Cause of many Diseases* by A. Baklayan).

We advise **patients with pacemakers** not to use Diamond Shield, as no studies have been carried out in this respect.

For the time of pregnancy, we also recommend avoiding the application with Diamond Shield, because there are no clinical investigations available so far. For ethical reasons, such studies are not carried out. Several pregnant patients have nevertheless reported using the

Diamond Shield. These women apparently did not experience any adverse effects for themselves or their child in the womb. On the contrary, both were much better off. The fewer parasites and environmental toxins there are in the mother's body, the more favourable the living conditions are for the unborn child.

Deacidification of the organism

Recommendations:

- Once a week, one day with vegetable broth
- 7x7 detox tea, two cups daily
- Mineralvit Gold, 3x 15 drops daily before meals
- Mineral salt, 1 to 2 capsules daily with water
- Alkaline baths
- Lactisol, 2x 10 drops daily before meals
- All sugar (including fruit!), alcohol and wheat flour are prohibited.

Drinking habits

Drinking a sufficient amount of fluids daily is extremely important to detoxify the body regularly. This is how it maintains its many vital functions¹. Waste products must be properly bound and eliminated. For this to happen, "unbound" water is needed.

This means: If a water molecule is bound to certain minerals and substances that are present in mineral water (also still water, tap water), for example, there is no longer any binding capacity in its structure. Thus, it can no longer bind toxins to itself and excrete them from the body. This fact has not yet been fully recognised by many people, including experts. Because of the toxins produced during the application with the Diamond Shield, it is therefore essential to drink at least two litres of still, absorbent water daily - regardless of the type and quantity of other beverages. Neglecting this rule is one of the most common reasons why unexpected reactions such as headaches occur.

¹ Recommended reading: Reinhold Will, Geheimnis Wasser, Knauer-Verlag

Even though the hygienic regulations in Germany are very good in comparison to other countries, the tap water nevertheless does not contain free, unbound water. Often there are extremely many bacteria corpses, heavy metals and environmental toxins in the water. Physically, this can be detected by the resistance value of the water. When we examined several hundred samples of tap water from households in our practice, this picture emerged: every water sample contained heavy metal contamination!

From this point of view, our tap water is of inferior quality. It is really necessary to drink a high-quality water with a very high resistance value during the Diamond Shield therapy. Either water produced by a reverse osmosis device (see source of supply at the end) or PLOSE spring water from the South Tyrolean Alps is suitable for this.

- ✓ Tap water: resistance value approx. 2,500 Ohm
- ✓ PLOSE water: resistance value 28,500 Ohm
This water has the highest resistance value of all available waters.
The water should also be bottled in glass bottles, not plastic bottles.
- ✓ Water from reverse osmosis: value approx. 30,000 Ohm

With PLOSE-water you can achieve about ten to twelve times the detoxification capacity of normal tap water. Water that comes from a reverse osmosis device measures about 30,000 ohms, so this investment is definitely worth it in the long run for a family of three to four.

Drink two litres a day, even if it is difficult at first, your body will thank you and it will already change after a period of about six weeks! You will feel a greater vitality!

You will find further measures for detoxification, especially also for liver cleansing, in the book *Parasites – the Hidden Cause of many Diseases* by A. Baklayan.

BASIC PROGRAMS OF THE DIAMOND SHIELD

Frequency programs that are permanently integrated in the Diamond Shield Zapper IE:

Diamond Shield - the protective shield for your health - 6:04 min.*

is the most important of all the integrated frequency programs in the Diamond Shield Zapper. It harmonizes negative influences by balancing the energy level of all meridians in a simple way. Because perfectly regulated meridians promote a powerful immune system. We therefore recommend using the Diamond Shield program for basic balancing as a preventative measure and/or before using other ChipCards.

Feel Good program - deep release - 14 min.*

Feeling good again, falling asleep program

Relaxation program - just relax - 8:24 min.*

If the well-being program does not work for sleep disorders, it is important to stay grounded for 50 minutes afterwards.

GS - 6:04 min.

Analog to the Golden Stream program developed by A. E. Baklayan (forerunner of the Diamond Shield program).

FI-M - standard program for influenza infections - 8:30 min.*

For acute infections, do 4 to 5 sessions in a row until there is a clear improvement. Additional recommendation for acute flu or as a preventive measure: high-quality, natural vitamin C.

Co-M- cold program - 1-5* - 8 min.

(especially for rhinitis/sinus and ear complaints)

For acute conditions, up to 4 times daily until significant relief is achieved. Additional recommendation: Use of a nasal douche with a teaspoon of colloidal silver.

Ba-M - a special back program - 8 min.*

Pa-M - The pain program by Dr. Rife - 13 min.*.

Application for all kinds of pain, also wound pain or pain after radiation (therapy pain). This program can also be applied with adhesive electrodes as an alternative.

Bo-M - Lyme diseases- For liberation of the Lyme disease - 39 min.*

To start with, you should use this program at most once a day with an intensity of 2.2 volts. You can then increase the voltage by 1 volt each day until you feel a slight tingling sensation each time. Lower the voltage the next day if you experience a too strong reaction to the frequency.

For sensitive users, we recommend starting with only half the program with the first frequencies and gradually adding the following frequencies. In the case of a chronic disease, it must be taken into account that a patient with a Lyme disease infection often has complex side reactions. Thus, autoimmune and autoaggressive diseases can develop because of a Lyme disease infection. In chronic diseases and their sequelae, BO application should be used very cautiously, and its parameters carefully weighed.

Lyme disease is the cause of many neurological, rheumatic or immunodeficiency-related diseases for which the BO program can be extremely helpful. In fact, dozens of symptoms can be rooted in a Lyme disease infection, the so-called chameleon among all pathogens.

BK Blood Frequency - 3.92 Hz - 30min.

The BK Blood Frequency delivers current to the skin via the arteries on the wrist to render blood parasites harmless. Alternatively, the bracelets can also be used on one arm at a distance of approx. 10 cm. In contrast to the high frequencies usually presented here, the frequency according to Dr. Beck is much lower: it has only 3.92 Hertz, which is more effective in this case. The BK blood frequency is compatible with the brain's theta waves, strengthens the body's own resonance system and does not trigger stress. The intensity should be adjusted so that a slight tingling sensation is felt, but it should not be experienced as unpleasant.

Why blood electrification is so surprisingly successful is due to the direct

path of the current into the blood. Here, a biologically effective current is conducted into the body via the area of the arteries. The decisive factor is the actual flow of current within the arteries or blood, because only then are the blood parasites rendered harmless. As a result, the electrified blood cells live longer. In this way, many symptoms and problems can be cured for which no solutions can be found in any other way.

The BK blood frequency has no side effects, except that detoxification reactions can be unpleasant. As with all applications with the Diamond Shield, this frequency can also be used comfortably in everyday life, as the electrodes applied do not restrict freedom of movement. The Diamond Shield itself can be worn on the body during the application. The BK blood frequency has already helped many people to perform their tasks more freely and with more strength. The effect of the Beck program can be intensified by taking silver water and energised noni about 15 minutes before the application.

7-20-7-20-7 - 33.3 kHz - 3x 7 minutes with 20-minute breaks*.

Basic program according to Dr. Hulda Clark, universal frequency. Detailed information can be found in the book "The Cure for all Diseases" by Hulda Clark.

Constant zap - 33.3 kHz - 60 min.*

Universal frequency according to Dr. Hulda Clark. Use without a break.

Zappicator - 1 kHz - 30 min*.

The Zappicator energises food and eliminates environmental toxins and solvents in food, cosmetics, etc. Detailed recommendations for the use of the Zappicator can be found in the book "The Cure for HIV and AIDS" by Dr. Hulda Clark.

* The minute values given are the recommended application time for the respective basic program.



Attention:

It has proven effective to remain grounded for 50 minutes
after the end of each program.



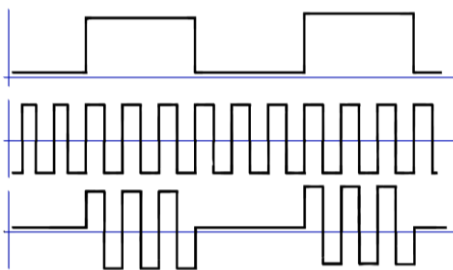
DOUBLE VIBRATION IS MORE EFFECTIVE

With the amazing advances in electronics, it is now possible to produce devices of the smallest size with incredible capabilities at affordable prices that would have been unthinkable just a few years ago.

One of these capabilities, built into the Diamond Shield IE, is to use not just one frequency (vibration) for therapy purposes, but two frequencies simultaneously. So, it is literally like having two devices in one.

Why two frequencies?

The background is to be found in the fact that, as you may remember, the current always flows only on the surface and always seeks the shortest path from one electrode to the other. This means that it does not penetrate very deeply into the tissue, and under certain circumstances very deep-seated strains, e.g. in the gall bladder or in the intestine, are poorly reached or require very many repetitions of the therapy.



In order to improve the effectiveness of the therapy, many experiments were made and it was discovered that the therapy becomes much deeper and more effective when two frequencies are combined by one frequency controlling the second, i.e.

modulating it. The increase in effectiveness through a second modulated vibration does not only mean doubling the effectiveness of the therapy, but much more.

Explanatory model

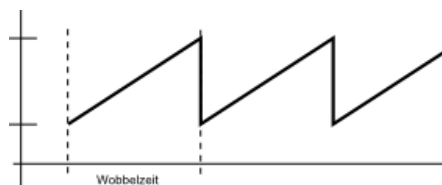
It is difficult to find an explanation. As a thought model, the following idea can help: the first frequency, which, as mentioned, flows on the surface, breaks through the resistance of the skin and subcutis and thus it is possible for the second, modulated frequency to penetrate more quickly into the depths. This model of thinking is probably closest to reality, but further research is needed to prove this assumption.

Incredible effectiveness of therapy

This development is groundbreaking. A number of new developments have been achieved as a result, such as in the therapy of high blood pressure, fighting bacteria and parasites, and electronic lymphatic drainage, to name just a few. All the applications described in this book have been carried out with the LY-m ChipCard, which uses this modulated frequency technology, and that is why the results are so impressive.

Increasing and decreasing intensity

But not only is this new technology already two devices in one, we have exhausted one more technical possibility to further increase this effectiveness, as follows:



Lymphatic drainage is a gentle wave-like movement that stimulates the drainage of lymphatic fluid.

This gentle waveform is imitated by the volt number automatically increasing and decreasing to the initial intensity within six seconds. For example, the intensity increases from 4 volts to 6 volts.

There should be a slight, pleasant tingling sensation. If this tingling subsides after a few minutes, it is advisable to increase the intensity by one to two volts until you feel this tingling again.

This is the most important technical requirement for lymphatic drainage with frequencies.

CASE REPORT 1 – SWELLING OF THE BURSA AT THE ELBOW

(Male, 58 years)

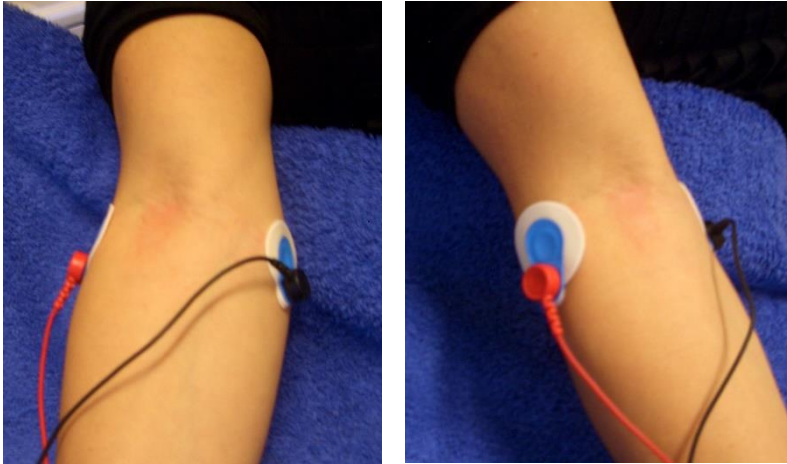
The strong, well-trained lifeguard had somehow overdone it while rowing and spoiled the left elbow joint. When bending and stretching the arm, the patient expressed a "resistance as if swollen" in the depth of the joint. The known areas of the usual "tennis elbow" at the outer joint heads were relatively inconspicuous; it seemed to be a case of over-irritation of the bursa.

I left my injections, which I usually use in such cases, aside this time and thought about whether I could treat the irritation and swelling in the hard-to-reach depth in another way. An attempt with the lymph frequency offered itself.

I used the so-called "**framing technique**" here, which, as I found out during my experiments, works well with hinge-like joints such as the knee and elbow. With one electrode on each of the inner and outer joint heads, I let the frequency flow across the joint for 5 minutes. (I did most of the attempts with 5 minutes duration, only varying the current intensity). This was followed by ointment dressing.

The next evening there was already a clear improvement and we repeated the procedure twice more.

The patient was almost symptom-free over the next few days but followed my advice to leave the paddles aside for a while.



Treatment of a painfully irritated and swollen elbow joint using the framing technique

Complementary tips:

- To support lymph drainage and lymph detoxification: Burbur, 2x 8 drops daily.
- As an ointment: Perna Canaliculus Gel, rub in 2x daily.
- Diamond Shield: 2x weekly for general balancing

CASE REPORT 2 - KNEE ARTHROSIS

(Female, 79 years)

A patient of many years at the proud age of almost 80, not exactly skinny, complained of discomfort in her left knee, so that activities outside the home such as shopping etc. became increasingly difficult. Her independence, which the single woman had been able to maintain well until then, was at risk. For me, this was an absolute indication to try everything.

She didn't want to go to an orthopaedist or have an X-ray. I should see what else could be done. So, I took a look.

There was limited flexion of the knee. I found that the kneecap was quite caked, and the inner edge of the meniscus was very sensitive to pressure. The pit between the kneecap and the meniscus was noticeably swollen. I attached an adhesive electrode to this swelling and placed the other connection by hand electrode in the groin on the same side, i.e., where the large lymph drainage of the leg is located.

I treated for 5 minutes with 4 volts, twice a week. Here, too, I also applied ointment with Lymphdiaral and drank a lot. Afterwards, each time a clearly relieved feeling in the knee, initially on the same day, gradually of longer duration. Spontaneous bending better possible.

Of course, this treatment was not the only thing that was done in the following period: injection and vein therapy also followed. But the decongestive effect always acted as a pacemaker for the other measures.



Example of application in painful knee arthrosis with swelling. In this case, the swelling is drained in the direction of the inguinal lymph using a hand electrode. This should always be slightly fixed or weighted down to achieve a good contact surface.

Complementary tips:

- To support lymph drainage and lymph detoxification: Burbur, 2x 3 drops daily.
- As an ointment: Perna Canaliculus Gel, rub in 2x daily.
- Diamond Shield: 2x weekly for general balancing

CASE REPORT 3 - SWELLING OF THE FEET IN VENOUS CONGESTION

(Female, 49 years)

Next up is a 49-year-old self-employed businesswoman who is slightly overweight and has chronic venous problems. When she had to spend many hours and days in the office at certain times, especially in summer, i.e., little exercise, she always reacted with painful swelling, especially of the left foot.

The previous treatments with leeches, lymph and vein remedies, liver therapy and alkaline fasting had always been successful, but I wanted to try out the efficiency of the new lymph frequency here too, above all to find out whether it could provide "relief in between" and thus also at home or on the road.

When the symptoms described above appeared again after an office marathon lasting several days, this opportunity arose. The main swelling on the foot was on the liver meridian, so I placed an electrode at liver 3 above the webbing between the big and second toe, and the second at liver 7 a little below the knee. These were both points which, in view of the patient's liver problems, were also comprehensible according to meridian theory.

With this robust patient I started immediately with 4 volts, which was tolerated without any problems, so that I could go even higher. The effect after five minutes was that the worst of the tension pain was gone, but an effect at the swelling was still not noticeable. But as she reported to me later, the next day, even under further unavoidable strain, there was a slight reduction in the swelling and a clear relief in the pain.

This effect could be repeated and here, too, the success seemed to become more and more constant with the frequency of the applications. So, all in all, a hopeful expansion of the therapy possibilities for such problems.



Example of application for swelling of the feet and venous weakness. Here with the help of the liver meridian.

Complementary tips:

- Diamond Shield, 3x a week for general balance
- Detox Chip, 3x a week for detoxification
- Liver Chip, 3x a week for liver cleansing
- Classic parasite cure with Juglandis,
- for 8 weeks
- Major liver cleanse according to Clark (see book: Cholesterol shock and the alternative)
- Vermella, 2x 8 drops for liver detoxification



CASE REPORT 4 - A PAINFULLY SWOLLEN KNEE JOINT

(Female, 48 years)

The spirited, self-employed businesswoman had rearranged her entire warehouse one weekend, and that mainly meant going up and down ladders. In keeping with her nature, she ignored the increasingly severe pain in her left knee and finished the job by Sunday evening.

The next morning, she could hardly walk any more. Her family doctor wanted to give her an injection, but she refused because she has a great distrust of chemical drugs. Moreover, she had undergone an arthroscopy on the other knee in a similar case years ago and she "never wanted that again".

Two days later she actually came to see me because a bowel lavage had been arranged for that day. She limped laboriously to the couch and showed me her left knee. I examined it thoroughly - fortunately the menisci did not seem to be affected and the back of the knee was also inconspicuous. But there was a clear swelling on the head of the fibula, which was also very painful from pressure. Obviously, the patient had not only got the discomfort from climbing up and down, but mainly from turning back and forth on the ladder for hours, "rotating", so to speak.

As the patient had to lie down for bowel irrigation anyway, I took this opportunity to perform a lymph zapping procedure on her at the same time. I placed one electrode on the swelling and the other on the inside of the knee on the cleft of the inner meniscus - the already mentioned framing technique.

After the current had run for 6 minutes, I removed the array and finished the bowel irrigation. Before getting up again, I applied an ointment bandage to the treatment area.

When the patient called a few days later, she could not believe it. Already

on the drive home, stepping on the clutch had become easier for her and a quiet night had done the rest. In any case, the swelling and pain were almost gone the next morning and she was already going about her business at her usual speed.



Application for knee complaints with swelling in the area of the head of the fibula

CASE REPORT 5 - COMPLICATED SCAR HEALING

(Female, 51 years)

The treatment of a sporty, slim woman in her early 50s who had broken her heel bone in a serious fall was very impressive. The fracture was so complicated that an external fixator first had to be used to restore the proper shape. After removing the fixator, it turned out that the fractures had still not healed together without gaps. Bone material from the pelvic area had to be transplanted into the gaps in another operation.

The bone material subsequently grew in well, but the whole procedure had taken its toll on the foot. The repeated operations had left quite a lot of scar tissue and the long period of forced immobilisation had also caused considerable congestion and swelling, so that the shoes on the affected side had to be two sizes bigger than on the healthy side.

With movement exercises, decongestant ointments and lymph drops, the general swelling gradually went down, but even after 6 weeks of intensive treatment, the scar area was still bluish discoloured, hardened swollen and extremely sensitive to touch. The healing process stagnated, it didn't really progress anymore.

This led me to try the newly obtained lymphatic frequency. Since the scar followed the bladder meridian quite closely in position and course, I decided to use it for support. I placed one electrode at the bottom outside of the root of the little toe (approx. bladder 65) and the other at a palpably painful point on the outer knee joint (approx. bladder 53/39). I gave 3 minutes at 3 volts at first, we increased the dose carefully every day and got up to 5 minutes at 4.6 volts without any problems. We did this every two days at first. Then we always applied the proven ointment bandage.

It was interesting that on different days the tolerated voltages fluctuated, so I always went so high, with feedback from the patient, that just a gentle tingling sensation of swelling on and off was felt.

Already after the first application, a decrease in swelling was noticeable the next morning, a development that continued in the following days. Even the scar itself, which was extremely sensitive, became more and more willing to be touched and after one week could be rubbed with lymph ointment without any hesitation. As normalisation progressed, the intervals between treatments became longer and longer and the situation more and more stable.

In the meantime, the patient is walking quite well again, which was not a matter of course in view of her previous history. Whenever swelling and pain occur after major exertion, she still uses the Lymph ChipCard, which always gives her rapid relief.



Scar treatment after surgery on the heel bone.

The course of the scar (marked in red) is close to the bladder meridian, which is why this is ideal for support.



Total arrangement of electrodes along bladder meridian.

CASE REPORT 6 - PAINFUL SHOULDER

(Male, 33 years)

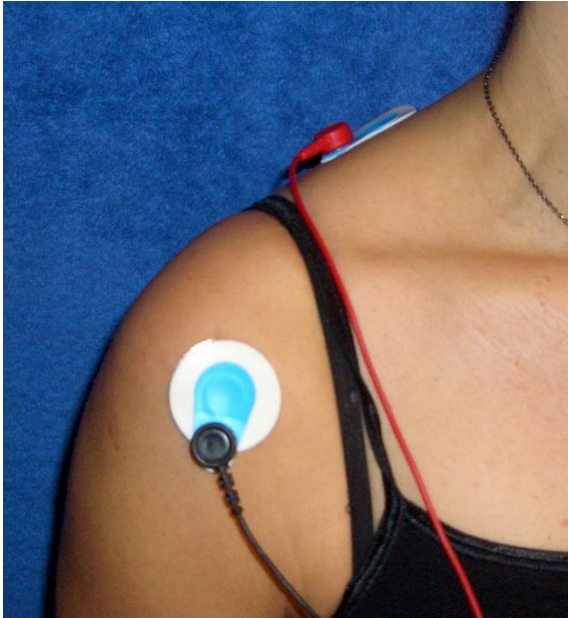
A young office worker came to see me repeatedly - he had contracted a painful chronic inflammation of his right shoulder due to excessive work at the computer. A "mouse shoulder" if you will. New times bring new ailments. The inflammation was located at the small anterior head of the shoulder joint and had a very touch-sensitive palpable swelling. With cupping and injections, we had already achieved a significant improvement in the time before, but there was still a residual condition that flared up again with increased exertion.

This time I left my cupping glasses in the cupboard because I wanted to try out the Lymph ChipCard. I first used the "framing technique" already described, where you put the joint between the electrodes. I placed one electrode on the irritated front and one on the back of the shoulder. I let the current flow at 4 volts for 5 minutes and then connected with Hirudoid.

At the next presentation, the patient could not report any noticeable progress. Of course, one cannot assume that a method will work for every patient and in every case. But maybe it was also due to the placement of the electrodes?

I did it differently this time. The first one was again placed on the front of the shoulder at the pain point, the second one I placed this time at my favourite point when it comes to shoulder-neck problems - at the Triple Warmer 15. Time and intensity remained the same as the first time.

This time it was a complete success! At the next appointment, the young man told me, beaming with joy, that this time there had been a particularly great progress and demonstrated to me, swinging his arm, the newly won freedom of movement.



Treatment of a chronically painful shoulder. Front electrode on the main pain point, rear electrode at mid-shoulder level (approx. Triple Warmer 15).

Complementary tips:

- As an ointment: Perna Canaliculus Gel, apply 2x daily.

CASE REPORT 7 - VENOUS CONGESTION

(Male, 46)

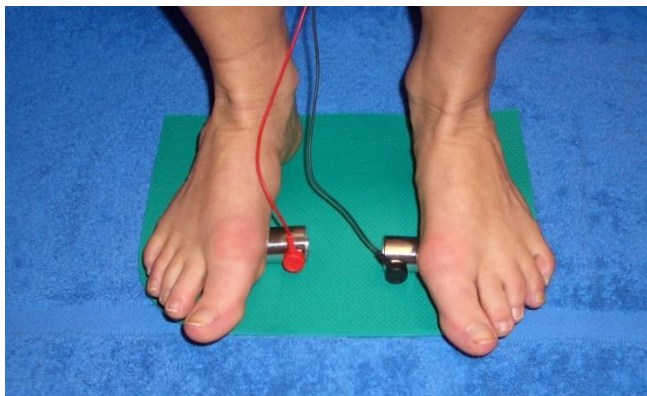
A patient who was being treated by me for something else complained in the evening of an extremely hot and humid day that his lower legs were tense and painful and that his feet felt as if they were bruised.

He was not a typical vein patient, even though in his mid-40s he already had a few spider veins on his lower legs, with a coin-sized bluish spot like a vascular pool in the middle.

I had him sit down with both feet on the hand electrodes, switched on the lymph current, went to 4.6 V so that the patient just felt something and let the current run for 5 minutes.

The nice result was that the man felt really refreshed in his legs afterwards and left the practice relieved.

Why did I mention the vascular pool? Well, the patient told me the next time that this spot was still significantly smaller and faded the next day and the day after. I would like to mention this unexpected phenomenon here.



Vein relief by means of lymph frequency

Note: When using the electrodes on the floor, place a rubber mat or plastic sheet underneath for insulation.

Complementary tips:

- Great liver cleanse according to Clark
- Liver herbs
- Diamond Shield, 2x a week
- Detox Chip, 2x a week
- Liver Chip, 2x a week
- Vermella, 2x 8 drops for liver cleansing

CASE REPORT 8 - PAINFUL SHOULDER-NECK REGION

(Male, 54)

First, not very successful attempt:

I made another instructive attempt on a 54-year-old civil servant, slim and tall, who likes to do DIY in his spare time. His problem area has always been his shoulder-neck girdle, which tends to be chronically tense anyway due to desk work and stress, and which finally rebels under unusual strain.

So, one day he came to see me again after painting two rooms and then fixing new ceiling lamps with great difficulty. The shoulder-neck-girdle, especially on the right, was swollen, hardened and very painful. The head was quite taken up.

I like to cup bloody in such painful swellings at the places already mentioned at the shoulder level, about Triple Warmer 15, because I can always obtain rapid relief by this method. With this patient I decided to try the new lymphatic drainage.

I connected the two points mentioned above with two electrodes and let the lymph flow for the usual five minutes at 4 volts. When we finished, the patient felt some relief, but I was not really satisfied. As always, I recommended the subsequent rubbing with Lymphdiaral ointment and drinking a lot.

As he told me by phone the next day, the relief continued, but was not exhilarating. On the other hand, a little later he felt an unpleasant pressure sensation in the back of his head, which lasted for about an hour and then disappeared completely.

After he had informed me of this, I undertook a self-experiment with the same arrangement and found this experience confirmed - a certain feeling of pressure in the back of the head that lasted for quite a while.

Even if this took place without further symptoms or any effects on the general condition and passed away again completely, one should avoid such side effects as a matter of principle. Therefore, I never connect points of the two halves of the body near the head directly anymore, but always stay on one side with my derivations, as described in the other examples, which never causes side effects.



Not recommended: the direct connection of points on both halves of the body near the head.

Otherwise, the connection of both sides, for example via hands or feet, can be very beneficial and helpful.

Complementary tips:

- As an ointment: Perna Canaliculus Gel, rub in 2x daily.
- Diamond Shield, apply 2x a week

CASE REPORT 9 - PAINFUL SHOULDER-NECK REGION

(Male, 54)

New, successful attempt

We were able to find out how things were getting better at the next treatment a few days later. The relief from the first time had lasted for a while, but as reported, neither of us was really satisfied.

This time I did it differently, as I had successfully tried on other occasions. I put an electrode in each hand and let the current run at 4 volts for 5 minutes.

Afterwards, the complaints were more clearly reduced, the cramped shoulder elevation on the right was somewhat better. He also felt his head was clearer again. As always, I recommended the subsequent rubbing with Lymphdiaral ointment and drinking plenty of fluids. According to feedback after the treatment, the effect lasted for a long time.



This application is very helpful for various indications, including painful tension in the shoulder-neck area.

The bracelet on the right was intentionally left on this photograph to indicate that metal jewellery should always be removed during treatment.

CASE REPORT 10 - SWELLING OF THE HANDS IN THE MORNING

(Female, 69)

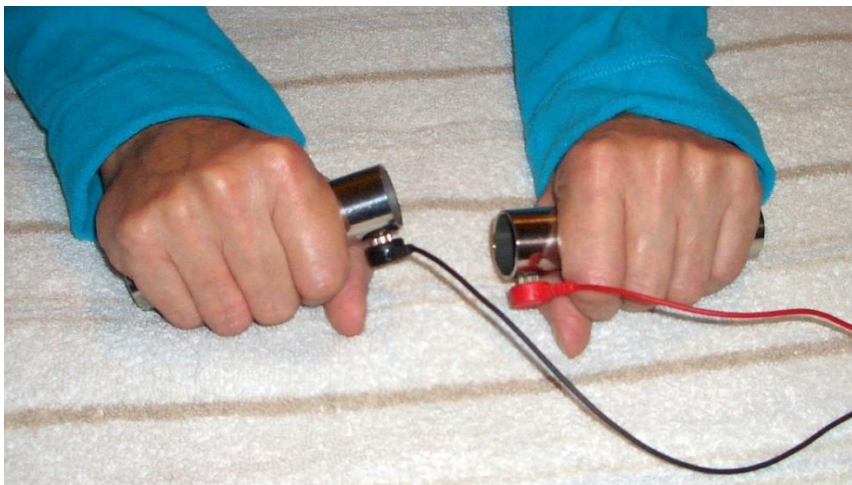
The always vital and energetic patient complained that she recently had stiff and slightly swollen hands on waking and in the first hours of the morning, so that she could hardly make a fist and could neither put the rings on her fingers nor bring them down again. This kind of thing is quite common in women of this age, as a result of increased water retention for various reasons, often coupled with problems of the cervical spine or obesity and hyperacidity.

It was still early in the day and the symptoms were still fully present. I had the patient close her fist around my index finger and squeeze it tightly, remembering the force - a simple test I do for all hand problems each time before and after therapy to check progress. Then I gave her the two hand electrodes and ran the lymph current for 5 minutes at 2.4 volts (the patient was very sensitive). After these 5 minutes she seemed to be able to move her fingers a little better.

I let her close her hand around my index finger again and the strength had increased a little.

As she told me later, the effect continued the next morning. Since then, we have "always run" this application when she comes for treatment.

Of course, the task remains to find the deeper causes of the problems and to get them under control. But as a supportive and first measure, lymph zapping has proven its effectiveness.



Application with two hand electrodes for morning stiffness and swelling sensation in the hands.

Complementary tips:

- Burbur, 2x 8 drops daily
- Alkaline baths with "My Base", 2x weekly
- Mannayan Bonatum, 1-2x 1 capsule
- Mineral salt, 2x 1 capsule in the morning and before going to bed
- Diamond Shield, use 3x a week
- Detox Chip, use 2x a week

CASE REPORT 11 - PAINFUL GANGLION OF THE CARPUS

(Male, 42)

A craftsman with occupational chronic wear of the cervical spine had, over a few weeks, developed a distinct ganglion (suprabone) on the inside of the wrist. Small and silent in quieter stages, it was about the size of half a grape in the active stage and very irritable. Hammer or screwdriver could only be used with pain.

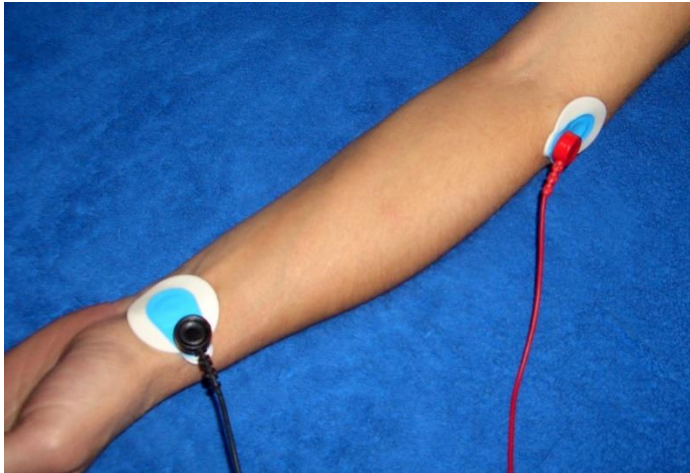
Attempts with homeopathic remedies, local ointment applications and injections did not bring any decisive progress; for professional reasons, rest was out of the question.

Finally, an attempt with lymph frequency brought a step towards improvement. Because of the clear and limited localisation, the use of adhesive electrodes was the obvious choice: one was placed directly on the ganglion, the other on the outer elbow. Later I added a second step: the derivation electrode at the anterior axillary fold, i.e. in the upper course of the lymph drainage of the arm. Both steps were finally carried out in one session, each lasting 4 minutes with a weakly perceptible current intensity.

As a result, no change was visible externally at first, but the pain seemed to be somewhat relieved spontaneously. The same ointment dressing as before was applied.

Unfortunately, the patient could only come 1-2 times a week to continue the treatment, but gradually the progress became more obvious, especially after the addition of the drainage via the axillary fold. The ganglion appeared less bulging despite unchanged workload and pain was hardly noticeable. The bulky ganglion capsule itself remained unimpressed by the applications, of course, but in its inactive state it is not much of a nuisance either.

The bottom line in this case is that the supportive use of lymphatic frequency brought a clear step forward and lends itself to the rapid interception of activations of such events.



Application by means of adhesive electrodes for ganglion (so-called ganglion) on the inner wrist. In the first step, derivation from the ganglion to the outer elbow joint.

Complementary tips:

- Burbur, 2x 8 drops for lymph drainage

CASE REPORT 12 - TENNIS ELBOW

(Male, 49)

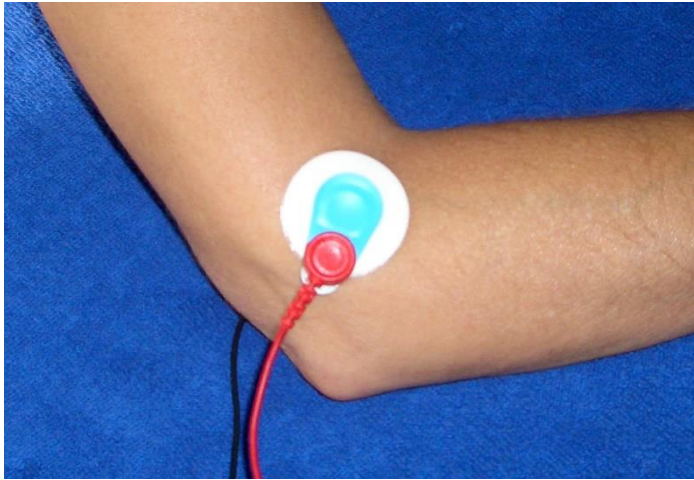
An employee of the refuse collection service, whose work involved fairly constant movements with high effort year in and year out in hot and cold weather, developed severe complaints in his left elbow joint over the years, comparable to tennis elbow.

The outer joint head was very painful due to pressure and showed visible swelling in the surrounding area. An indication for the supportive application of the Lymph-ChipCard.

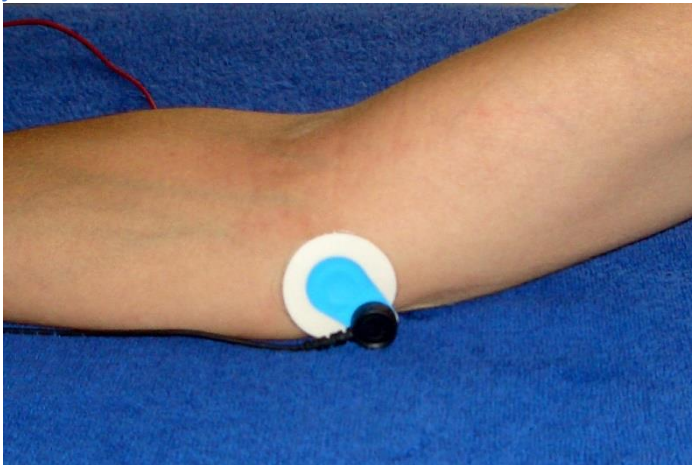
Here, the framing technique was used again, i.e. one electrode on the outside and one on the inside of the joint, and the frequency was applied for 5 minutes at a gently perceptible current intensity. Subsequent ointment dressing with Hirudoid for 24 hours.

In this case, it was fortunately possible to carry out the treatment on three consecutive dates. This was an endurance test, as the occupational stress continued unchanged. Nevertheless, the patient felt a relief of his complaints after the second treatment and was able to eat more freely again.

Later, a more extensive treatment involving the cervical spine and other measures was necessary to finally get the condition under control, but lymph zapping was recommended for this indication as a first, inexpensive measure to alleviate the complaints and thus gain time.



The so-called framing technique for elbow complaints: an electrode is placed on the head of the outer side of the joint...



.... the second one on the head of the inner side of the joint

Complementary tips:

- Burbur, 2x 8 drops daily
- Perna Canaliculus Gel, rub in 2x daily

CASE REPORT 13 - ACUTE HEMATOMA WITH LYMPHATIC SWELLING

(Male, 49)

Another interesting experience that I would like to share here was the treatment of an acute painful swelling of the back of the hand. For once, it was not a case in the practice, but a friend, whom I was going to visit anyway, called me shortly beforehand to ask if I could help him. He had hit the back of his left hand with full force against a door post while doing some kind of work, immediately swelled up blue-red and was in considerable pain.

I advised a poultice with curd or vinegar water as a first measure, packed my homeopathic arnica and took zapper and lymph chip card.

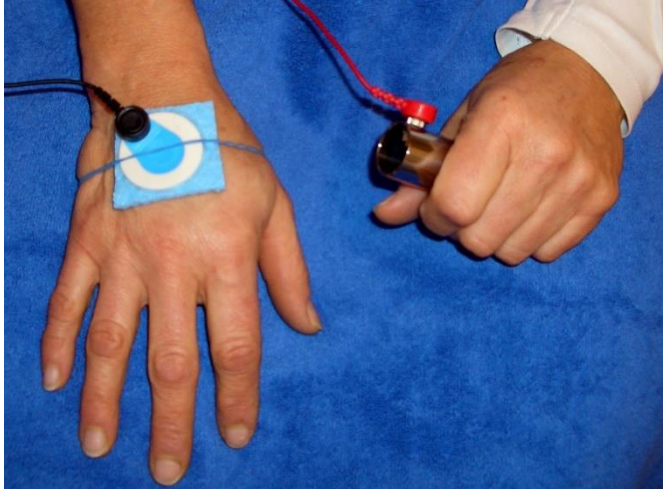
When I inspected the injury, the bump on the back of the hand had already swollen to the size of a halved plum and was discoloured white to purple. However, the vinegar poultices had stopped further swelling and relieved the pain.

After administering a dose of arnica, I unpacked my zapper. There were two application options to choose from - hand electrodes or adhesive electrodes. Since the swelling was clear and limited, I tended towards the latter. But again, the bump seemed too big for a small electrode. Then an idea came to me.

I asked the housewife for a fresh, unused sponge cloth and she brought me one. I cut a four by four centimeters piece out of it, moistened it thoroughly with water and placed it on the swelling so that it was completely covered. An electrode was placed on this piece of sponge and the whole thing was fixed with a rubber band. My friend took a hand electrode in the other, uninjured hand. Then there were 5 minutes with 4 volts, which did a lot of good.

Since I stayed longer anyway, we could repeat this application twice more every 2 hours. You could literally see how it calmed down and the colour, pain and swelling decreased.

Before I left, an ointment bandage was applied. The next morning, according to the report, the thing was still slightly visible, but hardly noticeable.



Severe lymphatic swelling after a blow to the hand. The treatment area can be enlarged somewhat by using a piece of moist sponge.

Complementary tips:

- Burbur, 2x 8 drops daily

CASE REPORT 14 - PERIPHERAL NEUROPATHY

(Female, 69)

Lymphatic tapping can also be tried as a supportive measure in the case of certain paraesthesias during neuropathies. One patient developed severe stabbing nerve pain of the right arm up to the hand due to various causes, which were then added to by an injury of the cervical spine, accompanied by a feeling of swelling. All therapies could only alleviate the pain, strong painkillers were used again and again.

After the pain sensations were coupled with the symptom of a feeling of swelling, it was obvious to make a cautious attempt at lymph zapping. I gave her a hand electrode in the affected hand and placed an adhesive electrode at point 3E 15. Very carefully we started with the pre-set 4 volt voltage for 5 minutes, of course I did not want to provoke what was happening.

When the time was up, the patient put the electrode aside and looked at her hand in amazement. The feeling of pain and tension, so annoying before, had disappeared completely for the moment.

I left it at that for the time being and waited. The soothing effect gradually disappeared after half an hour. But it was still remarkable that for the first time it was possible to interrupt the strong discomfort without painkillers - and thus without side effects.

In the following period, we tried to test the right frequency and strength of the applications in order to achieve more stable successes and thus find an effective and gentle treatment option for at home and for everyday life. Of course, the actual treatment of neuropathy is still a long way off. But already the relief of the discomfort and the saving of painkillers is a great success.



Peripheral neuropathy with swelling sensation and pain in the hand. An electrode in the affected hand is connected ...



... with an adhesive electrode on the centre of the shoulder on the same side of the body, for example with Triple Warmer 15

Complementary tips:

- Burbur, 2x 8 drops daily
- TENS programs (especially TENS 2), 5 to 10 min.

CASE REPORT 15 – SWELLING OF THE CERVICAL LYMPH

(Female, 38)

After the previous experiments had largely covered the lymph of the body surface and the locomotor system, I was interested to see whether a certain depth effect could also be achieved with the lymph frequency. One possibility arose when a patient, who had actually come for something else, complained of an incipient cold with a distinct feeling of swelling in the area of the lymph of the neck.

In such cases, I have a tried and tested strategy that can often be used to stop or alleviate the situation. I administered the appropriate remedies and injections, then I additionally applied the lymph zapping by means of the cylinder electrodes in both hands. I let the current run at a slightly perceptible 5 volts - for 6 minutes for safety.

I did not see the patient again until two weeks later and also asked her about the success of our cold therapy. She told me enthusiastically that the treatment had worked very well at that time. The surprising thing for me was that she had already stopped feeling the lymph in her throat that same afternoon. And that was - as well as I know the course of treatment - clearly due to the supporting effect of the Lymph-ChipCard.



Decongestant effect on the lymph of the throat

Complementary tips:

- Burbur, 2x 8 drops daily
 - Takuna, 4x 8 drops daily
 - Barberry, 4x 8 drops daily
 - Mannayan Vitamin C+, 3x1 capsule daily
- } for prevention
} from colds

CASE REPORT 16 - PAINFUL COMPLAINTS DURING OVULATION

(Female, 50)

I had another interesting experience with a 50-year-old female patient who has been in the menopause for a long time but complains now and then of painful ovulation symptoms. The complaints are expressed in the form of a tense, swollen abdomen and unilateral cramp-like pain.

The condition of the abdomen, which seemed to have a lot of water retention at this stage, gave me the idea to try lymph zapping here too.

I asked the patient, who could otherwise only help herself with paracetamol and a hot water bottle, to lie comfortably on her back and attached two adhesive electrodes to both sides of the abdomen, one of them exactly above the point from which the pain seemed to emanate.

Interestingly, up to 6.5 volts were needed here before the patient felt anything. We then let this run for ten minutes.

The effect was astonishing, as the cramps began to subside considerably immediately afterwards, without any outward change being noticeable in the abdomen. They came back later in the day, but not with the same intensity and were manageable without painkillers.

This shows that lymphatic tapping can also have a decongestive effect on deeper regions of the body. This still requires further research.



Application of the lymph flow on the abdomen, here for complaints around ovulation. The gentle resonance in the "abdominal water" seems to have a relaxing and pain-relieving effect.

Complementary tips:

- Diamond Shield, 2x a week
- Detox Chip, 2x a week
- ChipCard MSt in acute cases, 2 to 3 times daily
- Papain cure, 2 to 4 days

PRACTICAL SUMMARY

In the course of the experiments, a number of findings and ideas emerged which I would like to summarise again here:

- 🌀 For a broader effect, the cylinder hand electrodes are particularly suitable. When placed on the feet, they have a decongestive effect on the lower legs and feet. Held in the hands, they act on the hands, arms, shoulder-neck area and neck lymph.
- 🌀 Adhesive electrodes are suitable for targeted treatment. Place them in such a way that the flow passes through the region to be treated. Attention to meridians can intensify the effect.
- 🌀 The groin and anterior axillary fold (not the armpit!) are good drainage targets for legs and arms. Use the hand electrode in the groin and provide some pressure.
- 🌀 Small cut-outs from household sponge cloths can be used to increase the area of exposure if, for example, you want to treat a limited swelling.
- 🌀 The two sides of the body should *not* be joined together near the head.

CONCLUSION

As you can see, I did not limit myself to the obvious presence of lymphoedema in these application trials but chose a rather broad range of indications in order to test in which cases this new lymph zapping can be used effectively.

The trials did not produce any particular results when an acute, dry, hot condition was present. This was actually to be expected, is not the field of this application and would not do it justice. Therefore, it is quite possible that with formally the same diagnosis, a very good effect occurs in one patient and none in another.

The main effect lies in the treatment of various chronic conditions, the removal of congestion and stagnation in the tissues, the restoration of inflow and outflow. Often, only the overcoming of this stagnation paves the way for healing. The main application of this lymphatic drainage with frequencies will therefore be that of a pacemaker for other therapies.

In some cases, the sole application shows surprising possibilities of relief in conditions that are otherwise difficult to treat.

Lymphatic frequency works gently and, when used as directed, without side effects. This also makes it suitable for home use.

Further research into its possibilities will certainly open up many more areas of application.

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- The Frequency Compendium II: A Compendium of Frequencies according to Clark and Rife

Further information about resonance therapy and zapper:

www.diamondshieldzapper.com

www.harmonikalischefrequenzen.de

www.baklayan.de

